

**AMENDMENTS TO THE SPECIFICATION:**

Please amend the paragraph beginning at page 5, line 18, as follows:

Where light weight is desired, the core may include lightweight forms as described in WO 01/32414. Preferably, the forms are made of fire-resistant materials as described in ~~Copending British patent application 0306195.9 filed 18 March 2003~~ GB 2 399 538. Particular advantages can be achieved with forms made of non-tessellating shapes as described in British patent application no ~~0326608.7 (Agent's ref N90171)~~ publication GB 2 408 015 entitled "IMPROVED STRUCTURAL SANDWICH PLATE MEMBERS WITH FORMS" ~~filed 14 November 2003~~. As described therein, the forms may be made of hard materials to increase ballistics resistance and fragment capture. These documents are incorporated herein in their entirety by reference.